

PYB Rules: 5th & 6th Grade Boys/Girls

OSAA rules with the Following Exceptions:

1. Ball Size 28.5
2. **Substitutions:** Players will be substituted at 5 minute intervals. The team with the ball at the end of the 5 minutes will retain possession. A new group of players must be placed on the court every 5 minutes. If there are fewer than 5 players on the bench at the end of 5 minutes, all players must be substituted for the players who have been on the court the longest. This assures equal playing time. **SUBSTITUTIONS ARE NOT A TIME OUT.**
 - a. **Exceptions:** Substitutions may be at the coaches discretion (no special restriction) the last half of playoff/ end-of- season tournament games.
3. **Defense:** Only player to player defense will be allowed. No zone defense of any kind. Players may help their teammates momentarily if they are beaten in the key area. Switches are allowed. No double teaming is allowed. The definition of a double team is that a player may not leave his man to go double team another man or the ball, unless that man has been beaten in the key area (paint), therefore only one person should be on the ball or man.
4. **Full court press:** is allowed the last 5 minutes of the game. Teams may not press if they are up by more than 10 points.
5. **Isolation plays:** designed to take advantage of the no zone rule are not allowed.
6. **Unsportsmanlike fouls and technical fouls:** The player will be removed from the game until the next substitution break. Second offense is disqualification from the game with review of the Recreation Supervisor.
7. **Coach's technical fouls:** Reviewed by Recreation Supervisor. Remember we are here for the kids. You have a responsibility as a coach to be a positive role model and stay under control.
8. **Game Length:** 40 minute games – 20 minutes per half.
9. **Time outs:** Each team is granted 2 (1 minute) time outs per game.
10. **Overtime:** 5 minute overtime period will be played when necessary. One additional time out will be allowed. If still tied after 5 minutes all five players on the floor from each team will shoot one foul shot. The team making the most will win the game. Each team will shoot at its own basket. Repeat shot procedure until a winner is produced.
11. **Scorers/Timers:** Each team will be required to provide one adult to keep score or time at the scorers table.
12. **Pick up point:** on defense is just above the top of the key.
13. **Clock stops for free throws, substitutions, time outs, and official time outs.**