

PENDLETON PARKS & RECREATION

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www.pendletonparksandrec.com



Walk Pendleton



PENDLETON PARKS &
RECREATION

Go Play Outside!



Trails Around Town

Pendleton offers many in-town options for getting out there and stretching those legs a little.

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MAKE WALKING A HABIT

Walking as exercise is easy on your body, it lets you set your own pace, and it can be done just about anywhere. Try one of several trails around Pendleton, along the river, in a park or even through the cemetery. Scenic, flat, rolling, short or long, there's a little something for everyone. Public restrooms are available at ALL of these parks (except the cemetery) beginning April 1st; some parks have year-round restrooms.

Is weather keeping you inside? Consider joining the Walking for Wellness group at the Helen McCune Gymnasium. This program is now FREE, thanks to a core group of volunteers. We have year-round walking hours—no more excuses! Call the Pendleton Parks and Recreation Office at 541-276-8100 or get the details from our website, www.pendletonparksandrec.com.

Before beginning any exercise program, be sure to check with your physician.



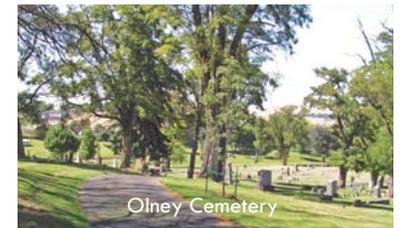
McKay Neighborhood Park



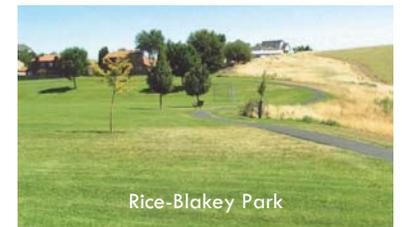
Community Park



Grecian Heights Park



Olney Cemetery



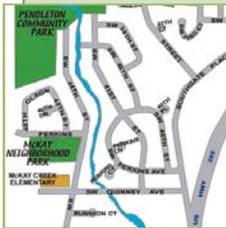
Rice-Blakey Park

Pendleton: Where to Walk

Directions assume you are traveling south on Highway 395 South (Southgate).

McKAY NEIGHBORHOOD PARK

Length: 1/2 mile
Surface: asphalt
Grade: gradual grade changes



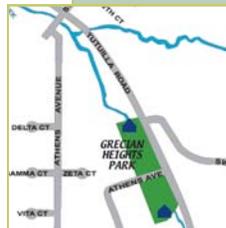
Located adjacent to McKay School, and just south of Community Park, this open, neighborhood park has some gradual climbs against the hill on the west end of the park.

Directions: Hwy.

395 S, turn r. at Southgate Pl., r. at SW Quinney, r. at SW 44th

GRECIAN HEIGHTS PARK

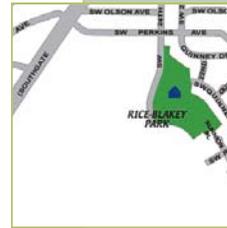
Length: North Loop 1/2 mile
South Loop 1/2 mile
Surface: asphalt
Grade: gradual grade changes



Grecian Heights is a large, open, neighborhood park, located on Tutuilla Road and divided into north and south by Athens Way. Set against a hillside, there are flat areas and gradual climbs going up the hill. Directions: Hwy. 395 S, l. at SW Tutuilla Rd.

RICE-BLAKEY PARK

Length: 2/3 mile
Surface: asphalt
Grade: hilly



Though not a long trail, this could get those "quads and glutes" talking to you a little. When you're done, take a nice breather in the charming gazebo with a view of the park.

Directions: Hwy 395 S, l. on SW Perkins, r. on SW 24th.

COMMUNITY PARK

Length: East Loop 1/2 mile
West Loop 1/2 mile
Surface: asphalt
Grade: level except for pedestrian bridge across McKay Creek that connects the two loops



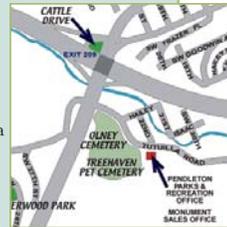
This 30-acre park in SW Pendleton also has tennis courts, ball fields, and play areas for children. Directions: Hwy. 395 S, turn r. at Southgate Pl., r. at SW Quinney, r. at SW 44th.

OLNEY CEMETERY

Length: choose from many loops
Surface: asphalt
Grade: rolling grade changes, some rather steep areas at top of the cemetery

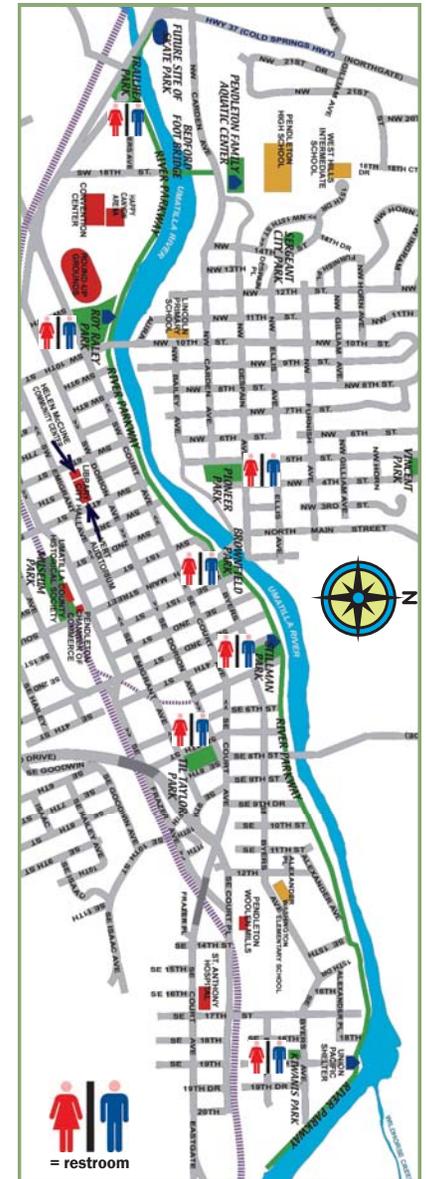
Mature trees and slightly challenging grade changes make Olney Cemetery a great spot to bump up your routine a little. The cemetery may be a surprising recommendation for a walking trail but try it sometime and you'll discover its appeal. Sorry, no restrooms.

Directions: Hwy. 395 S, l. at SW Tutuilla Rd.



PENDLETON RIVER PARKWAY

Length: 2.8 miles
Surface: asphalt
Grade: level
Primary trailheads are located at Main Street & SE Byers (Brownfield Park), SW 10th and Court (Roy Raley Park), and SW Westgate Place and Westgate (Hwy. 30). Off-street parking can be found at the Westgate Place cul-de-sac, next to Trailhead Park (map to right).



 
= restroom